



## Junior Duke John's Fundraising Adventure



John is working hard to cycle his way closer to Cape Town and, while he is doing that, we hope that you will **spare** a bit of time to gather together some money to help towards the building of the Haven Centre.

We don't ask for much, but a one-off sponsored event to raise a couple of £s or \$s or €s from each child would be amazing!

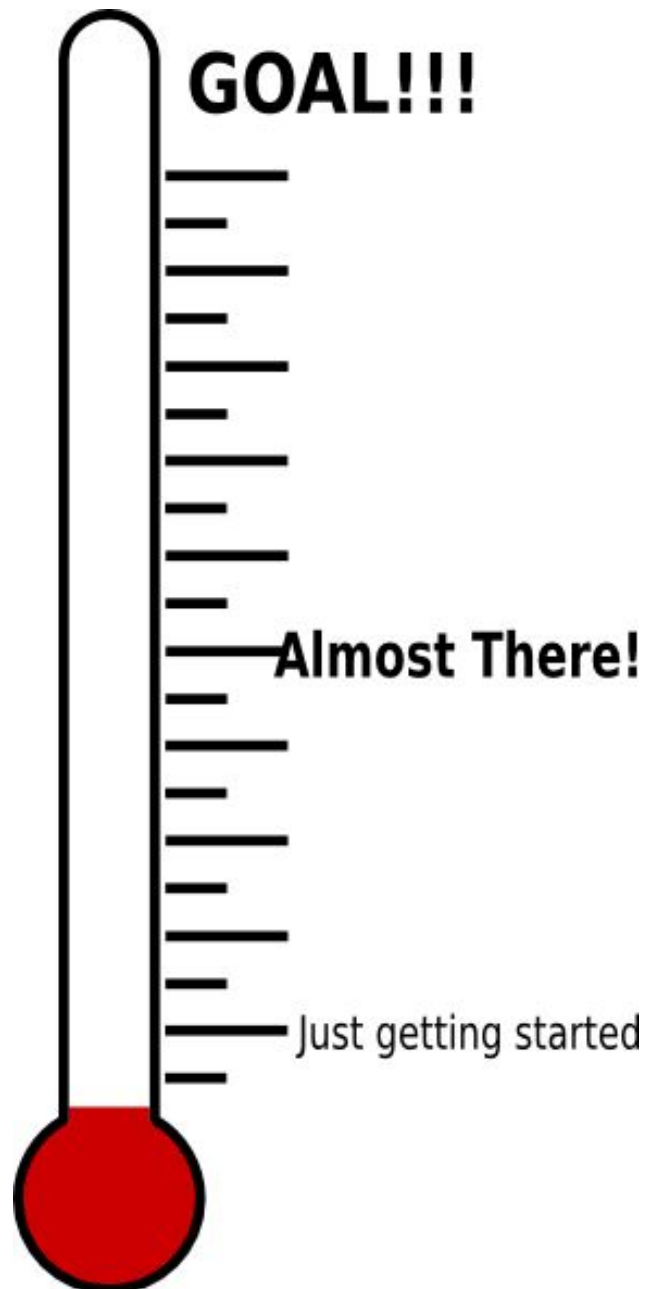
Being a teacher, I know how busy school life can be so I thought it best to put together a selection of ideas you could suggest to the teachers in your school. It could be that everyone in the whole school does the same thing or that teachers can pick and choose which challenges they would like to offer to their pupils.

Basically, anything goes. Children could look at the list and decide they don't like any of my suggestions and come up with something better themselves - probably very likely!

### '54' ideas to match the 5400 miles John will cycle (as well as some non '54' related ideas)!

Read 54 books (amongst the class rather than individually!). Ask people for donations then work hard to read the right number of books in the allotted time.	Bake (could be for the Bronze Junior Duke) and sell them to staff and pupils at break. Agree on a fair price to sell them for.	Teachers' Netball/football/sing-off/ etc - children can pay to watch the teachers compete during lunchtime. Decide on a fair ticket price and perhaps entry price for the teachers.	Uniform day for teachers! Children pay to come in non-uniform but teachers need to wear 'a' school uniform.
Have a Fun run - 54 laps of the playground (it can be power walked or skipped) — have music and a water stop. Pay to enter.	Have a car wash. Teams should be able to do it in under 5mins 40 seconds (keeping with the '54' theme)! Decide how much you will charge.	Egg decorating. Everyone has time to plan then decorate an egg during class time and pays to enter the competition. There could be an egg-related prize for the best of certain categories.	Danceathon /Zumbathon - Ask a teacher/teachers to take a Zumba class for an hour to get as tired and sweaty as Junior Duke John. Children ask for sponsors to pay for them to keep fit and get sweaty.
Get sponsored to swim 54 lengths of your local pool	Make coffees and teas (the Gold Mini Dukers should know how!) to sell to parents at drop off and pick up! Think of a fair price to sell the drinks.	Spellathon - teachers make up 54 words for children to learn. Give two weeks to learn them and organise sponsors then have a test to see how many they have learned.	Tidy up all of the loose coins in your house and bring them in to donate.
Get sponsored to learn the 54 countries and flags of Africa (perhaps as a class rather than individually!).	Have a day where everyone dresses like a cyclist (or someone/or an animal) that John has met on his travels. Everyone pays to join in.	As John is travelling through 19 countries, have a 'world cultures day' - children can dress in any country's national dress (but they need to know the name of the country and be able to point to it on a map!) Pay for the joy of the day.	Pay to watch a teacher having their head shaved in assembly (can the hair be sent to Little Princess Trust? Or a charity near you)
Get sponsored to complete 54 x burpees (possibly not in the one go! But they could be done in the one day, or even week)	Get sponsored to do 54 x press ups (same as for burpees)	Mathsathon - teachers make up 54 maths facts for children to learn. Give two weeks to learn them and organise sponsors then have a test to see how many they have remembered.	54 x sit ups or star jumps etc. every day for a week - sponsored event like press ups and burpees.

It would be a good idea to have a thermometer-style goal chart on the wall. It could be that there is one for each House or class or Year group so that it is a clear visual reminder for everyone that every little counts and that it all adds up. Something like this:



Children can be given a sponsor card to take home like the one mentioned in the resources or this one with a QR code to help for ease of donation.

Name: \_\_\_\_\_

At school, we are following Junior Duke John on his 5400mile cycle from Cairo to Cape Town. He is cycling 5400 miles to raise money for a respite centre being built to help people under 30 years old with specific learning needs. It is called the Haven Centre and is being built in Inverness.

The thing I plan to do to raise money to help Junior Duke John is \_\_\_\_\_

I'll be doing this on (date): \_\_\_\_\_

Thank you for your support.

In case it's easier for people to donate using phones rather than giving cash, please use the QR code (it would be helpful to include the child's name or school somewhere in the donations so that we know the link)

Sponsor's name	Amount per	Or Total amount	Collected or paid through QR code?

The total amount I have raised is \_\_\_\_\_

Which is \_\_\_\_\_ (that I collected in cash and have taken into school)  
and \_\_\_\_\_ (which has already been donated through the QR code)





John Prendergast, The Haven Centre and all of us at the Junior Duke really appreciate your help and enthusiasm with this.  
Thank you.

Once all of your school's donations have been collected, please would you go onto the QR code or <https://gofund.me/Oe1932ef> and make one donation and say it is from your school eg. name: Hutchesons' Grammar School.

(It may be that a good deal of the donations were made directly through the QR code but please just give the amount of cash that your school has collected). Every amount will be gratefully appreciated.

Finally, it would be really great if you could message on social media to share the kinds of things your school has done to raise some money for The Haven Centre.

You can find us on:

- Facebook - Junior Duke Award #juniordukejohn and copy in Elsie Normington Foundation
- Instagram - @dukeawards #juniordukejohn and link in the charity @enfhaven
- Twitter @DukeAwards #juniordukejohn and link in the charity @enfhaven

Thank you,

Dawn Waugh  
Founder of the Junior Duke Award

