



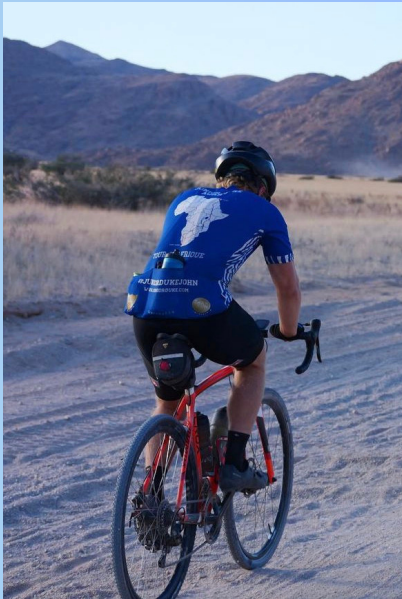
a huge waffle helped John's energy levels return after illness!



Elsie Normington met John at the airport!



Elsie Normington held a huge fundraiser dinner in Inverness on the night John reached Cape Town! Founder of JD, Dawn, attended to make sure everyone knew just how great John has been!



After 100 days, John made it to Cape Town!
Watch all his videos here:

